



Schlosstherme

Sweating, whirling, relaxing in Finnish sauna, herbal sauna, steam sauna and in two whirlpools (for fee – chip available at the reception).

♥ Private Spa from 1 p. m. to 4 p. m. ♥
please book at our reception · subject to availability at an additional cost

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SCHLOSSTHERME

MASSAGES

english version




★★★★ SUPERIOR
HOTEL SCHLOSSKRONE
KONDITOREI ✦ KURCAFE ✦ RESTAURANTS

MASSAGE

Honey Cream Massage

A gentle stroking massage for your back or your whole body. It provides protection, care and revitalization for all skin types. The result is your beautiful skin.

App. 30 minutes 60 €

Bavarian Pine Oil Massage

Relieves tensions, muscle pain and rheumatic discomfort, headaches and helps you finding a positive sleep.

App. 50 minutes 80 €

Pure Energy Massage

Organic ginger oil has an invigorating and revitalizing effect. Its spicy aroma sharpens the mental powers. Essential lime oil activates the skin with its gentle astringent effect. Its fruity-fresh scent raises the mood and invigorates.

App. 50 minutes 80 €

Pure Oil Massage

The classic massage is performed with highly effective essential oils. Give yourself a little time out and you will get the strength for your everyday life.

App. 50 minutes 80 €



Relaxation



Sense of well-being

AYURVEDA – the art of seeing hands

Let yourself be led by highly trained masseurs and specially selected oils into the depths of your being.

Abhyanga – Full Body Oil Massage

Feel and breathe back into your body. The massage relieves painful tension and stress with heated oils, stimulates sleep, cleanses and nourishes skin and tissue, strengthens the immune system and rejuvenates the entire organism.

App. 80 minutes 110 €

App. 105 minutes 130 €

Upanashevada – Back Massage

A real treat for the back. In this warm oil massage spine, neck, shoulder problems and tensions are counteracted and pre-bent, so that the force flows freely again to walk through the world.

App. 40 minutes 70 €

Padabhyanga – Massage of feet and legs with a warming bath

Standing on clouds. The massage stimulates the circulation of the subtle energy flow and leads to deep relaxation. In addition to the nurturing aspect, this massage has a positive effect on insomnia, nervousness, exhaustion, dryness or numbness in the feet and brings the energy back into the flow.

App. 40 minutes 70 €

Shiroabhyanga – Head, Neck and Facial Massage

Pleasant massage of ears, face, shoulders and cervical spine. It acts as a balancing act on the cerebral hemispheres and activates the upper energy centers. Just switch off and enjoy.

App. 40 minutes 70 €



Time for
me only